

Dentistry at Millennium Park, Chicago
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INSTRUCTIONS FOR PATIENTS FOLLOWING TOOTH EXTRACTION

1. DO NOT HAVE ANYTHING TO EAT OR DRINK UNTIL THE NOVOCAINE FEELING IS GONE
(CAREFUL THAT YOU DO NOT ACCIDENTLY BITE YOUR CHEEK, LIPS OR TONGUE)
2. DO NOT RINSE MOUTH TODAY
3. RINSE GENTLY TOMORROW - 1/2 TEASPOON OF BAKING SODA IN
1/2 GLASS OF LUKE WARM WATER
THREE TO FOUR TIMES PER DAY
4. **IF PRESCRIBED:** TAKE **ANTIBIOTICS** AS DIRECTED -- UNTIL ALL OF THE TABLETS ARE GONE
5. PAIN IS TYPICALLY CONTROLLED BY ANALGESICS SUCH AS:
ACETAMINOPHIN (IE. TYLENOL, EXTRA STRENGTH TYLENOL),
IBUPROFEN (IE. NUPRIN, ADVIL, MOTRIN IB), OR
NAPROXIN SODIUM (IE. ALEVE)
DO NOT DRINK ALCOHOLIC BEVERAGES WHEN TAKING ANY PAIN MEDICATION
DO NOT TAKE ANY PAIN MEDICATION ON AN EMPTY STOMACH**IF PRESCRIBED:** TAKE
PAIN MEDICATION AS DIRECTED -- ONLY AS NEEDED FOR PAIN THEN STOP
6. FOR CONTROL OF BLEEDING, BITE ON STERILE COTTON GAUZE THAT WAS GIVEN TO YOU
7. FOR EXCESS BLEEDING, WET TEA BAG PLACE DIRECTLY ON EXTRACTION SITES, PLACE GAUZE
ON OTHER SIDE (AWAY FROM EXTRACTION SITE) AND BITE ON IT FOR 1/2 HOUR -
REPEAT AS NEEDED
8. DO NOT SMOKE FOR AT LEAST 3 DAYS or DRINK FROM A STRAW FOR 3 DAYS
9. SUTURES (STITCHES) – IF PLACED -- NEED TO BE REMOVED

YOUR SUTURE REMOVAL / EXAMINATION APPOINTMENT: _____ **AT:** _____ **AM / PM**

PLEASE KEEP THIS APPOINTMENT OR BE SURE TO RE-SET IF YOU ARE UNABLE TO MAKE IT.

******* FOR ANY EMERGENCY***** CALL THE OFFICE,**

IF AFTER HOURS:

LISTEN TO THE VOICEMAIL MESSAGE, THEN ENTER THE EMERGENCY MESSAGE BOX #4 AND ONLY THEN PRESS 1 (TO ALLOW THE MACHINE TO PAGE ME) THEN STATE YOUR NAME AND TELEPHONE NUMBER, I WILL RETURN YOUR CALL SHORTLY.

(The answering system will page me immediately, if you follow the above instructions, If you are not called within 1/2 hour, please call back – again following the above directions)

